

Saint Mary of Egypt

On a pilgrimage through the desert, a priest-monk named Father Zozimos encountered a most fascinating and inspiring woman whom we know today as Saint Mary of Egypt. Saint Mary, Zozimos recalled, seemed to be “walking upon air.” Upon approaching this woman, she asked for his blessing and told him of her life.

Saint Mary was born in Egypt in the sixth century and by the age of twelve had already dedicated her life to the pursuit of debauchery and excess. By her own admission, she spent the next seventeen years of her life attempting to satisfy every carnal appetite in any way possible. This intention led her to seek passage on a boat bound for Jerusalem where, out of curiosity, she followed the crowds to the threshold of the Church of the Holy Sepulchre. As she attempted to follow the

crowd into the Church, she was stopped at the doorway by an invisible force. At this moment, her sinfulness was revealed to her and she made a promise to the Mother of God that if she was permitted to enter the Church she would dedicate the rest of her life to God.

After her dramatic conversion she withdrew to the desert where she spent the remaining years of her life in self-denial and repentance. Towards the end of her life she met the priest-monk Zozimos, whom she petitioned to visit her on regular occasions in order that she might be nourished with Holy Communion before she died.

May the example of Saint Mary draw attention to our own need for repentance so that we, too, nourished by Holy Communion, may re-dedicate our lives to the service of God.

FIFTH SUNDAY OF THE GREAT FAST SAINT MARY OF EGYPT



Icon of Saint Zozimos and Saint Mary of Egypt

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Pastoral Care entrusted to:

Father Robert Hitchens

Father Wasyl Kharuk

Sunday – March 29, 2020

Слава Ісусу Христу – Слава на віки Glory to Jesus Christ – Glory to Him Forever

Sunday March 29 **10:00 a.m.**	Fifth Sunday of the Fast - Sunday of St. Mary of Egypt (For the Parish)
Wednesday April 1 **7:00 p.m.**	Presanctified Liturgy (+Maria Bura from Family)
Friday April 3 **7:00 p.m.**	Presanctified Liturgy (+David and +Myron Nagurney from Family)
Saturday April 4 **10:00 a.m.**	Lazarus Saturday (Sorokousty)
Sunday April 5 **10:00 a.m.**	Our Lord's Entrance into Jerusalem – Flowery Sunday (For the Parish)

The Hierarchy of our Ukrainian Catholic Church in the USA has directed that ALL PUBLIC CELEBRATION OF CHURCH SERVICES BE STOPPED.

Services will be Live Streamed from Holy Family.

Everyone is Welcome to Watch and Pray with Us!

Presanctified Liturgy

Wednesdays and Fridays 7:00 p.m. Bi-lingual

Divine Liturgy

Saturdays and Sundays 10:00 a.m. Bi-lingual

Platform: <https://www.facebook.com/holyfamilyshrine/>

CONFESSIONS SUNDAY MARCH 29 3PM TO 5PM

While I wish that we could gather for liturgy on Sunday, for the sake of the health of everyone, we will have to make do with streaming video.

However, I will be hearing confessions THIS SUNDAY March 29 from 12:30pm to 2:30pm.

To maintain a safe environment for you, I will be in church by the side candle shrine for Jesus. Chairs will be at a safe distance, and the FRONT DOORS OF CHURCH open to minimize the need to touch surfaces. Only one penitent at a time will be allowed in the church, and I ask all others to stay in their cars while they wait. Please use every other parking space. We will have at least one "parking lot attendant" on hand to direct traffic so that everyone knows where to go.

I know this is out of the ordinary, but we will do what we can given the present circumstances.

Please make use of this opportunity! In the mean time, stay home, stay safe, stay healthy, pray, and keep an eye on the [Holy Family facebook page](#) for streaming liturgies. Please note that I pray for both of our communities of Holy Family and Saints Joachim and Anna -- all of our people -- at these services.

FASTING REGULATIONS NEXT FRIDAY - FOR THOSE FACING CHALLENGES

The Archeparchy of Philadelphia has lifted the regulation to fast from meat for Friday March 27 and April 3. If you are able to; please keep the fast. If you have any challenges; you are dispensed.

SPIRITUAL REGULATIONS FOR THE GREAT FAST 2020

Although our Church traditionally prescribed abstention from meat and dairy products in days gone by for the entire duration of the Great Fast, the following are the minimal Lenten regulations today: Abstinance from meat and all dairy products on Good Friday. Abstinance from meat only on all Fridays of the Great Fast as well as Holy Saturday. It is also traditional to abstain from meat on Wednesdays during the Great Fast. Everyone should receive the Holy Mysteries of Reconciliation and Holy Eucharist during the period from the onset of Great Fast to the Wednesday before Ascension Thursday. The Fasting and Abstinance regulations are not binding on persons 60 or older, the very poor, sick, nursing or pregnant women, children below the age of 14, and those who engage in physically very hard labor. However, all are urged, if able to do so, to observe the fasting and abstinance regulations.

Prayer List

Our prayer list of the sick or elderly and friends of our parish: Theresa Aranda, Liana Arnold, Fr. Frank Avant, Susan Avant, Andriko Bilaniuk, Charles Belanger, Barbara Blendy, Bluey Family, Yevhenia Borys, Taisia Bullard, Fr. David Clooney, Mary Connors, Jack Davis, Darlene Dossick, Solomia Dutkewych, Ruth Fedack, Bernard F, Damian Fedoryka, Lilian Garland, Thomas Gutmann, H.H., Josie Hacker, Steve Henshaw, Catherine Hetmansky, 1LT Catherine Hetmansky Hayes (Active Duty Iraq), Julia Hetmansky, Bernadell Rita Higgins, Daniel Horeczko, Nila Iwaskiw, Kateryna Jurach, Sarah Kelt, Stephania Kopka, Dorothy Kozmoski, Suzanne Krumpelman, Fr. Mykhailo Kuzma, Michael Joseph Little, Michele Pretka Litvar, Yaroslava L., Mufada and Family, Sallie Miller, John Moeller, Deborah Pickering, Alexandra Pohorecka, Ron#119, Michael Joseph Radigan, Roman Rusynko, Maria Sawkiw, Lisa Schaible, Christopher Sell, Shliakhta Bogdana, Shliakhta Mark, Shliakhta Andrew, Deacon Thomas Stadnik, Timothy Stock, Lindsey Sydnor, Thomas Sydnor, Helen Lefcheck Torre, Jarrelyn Trusen, Lisa Pretka Turner, Gloria and Luis Vega, Jennifer Wilson, Danny Wolff, Nataliya Wozniak, Michael Zabych. If you know of someone who should be on this list, please email or call with the name of the individual. Our intercessory prayer for the sick and the aged is truly helpful and comforting. In your Christian Charity, kindly remember our sick parishioners in your prayers and perhaps a card or note.

FUTURE EVENTS

✘ Pascha – Easter Sunday April 12

**If you are having an Emergency and need me;
please call - 202-262-5040**

**Fifth Sunday of the Great Fast
Our Venerable Mother, Mary of Egypt**

*Use the Typica Psalms and Beatitudes
Divine Liturgy of St. Basil is celebrated*

Troparion, Tone 1: Though the stone was sealed by the Judeans,* and soldiers guarded Your most pure body,* You arose, O Saviour, on the third day,* and gave life to the world.* And so the heavenly powers cried out to You, O Giver of Life:* Glory to Your resurrection, O Christ!* Glory to Your kingdom!* Glory to Your saving plan,* O only Lover of mankind..

Troparion, Tone 8: The divine image was faithfully preserved in you, O mother,* for taking up the Cross, you followed Christ.* By your deeds you have taught us to see beyond the flesh, which passes,* and care for the soul, a thing immortal.* And so, O venerable Mary,* your spirit rejoices with the angels.

+Glory be to the Father and to the Son and to the Holy Spirit. Now and for ever and ever. Amen.

Kontakion, Tone 3: Once you were filled with every impurity,* now through repentance you have been revealed as a bride of Christ,* following the angelic life, you crushed demons with the weapon of the Cross.* Therefore, O glorious Mary, you have been shown to be a bride of the kingdom.

Prokeimenon, Tone 1

Let Your mercy, O Lord, be upon us, as we have hoped in You.

verse: Rejoice in the Lord, O you just; praise befits the righteous.

Epistle: Hebrews 9:11-14

Brothers and Sisters, when Christ came as a high priest of the good things that have come, then through the greater and perfect tent(not made with hands, that is, not of this creation), he entered once for all into the Holy Place, not with the blood of goats and calves, but with his own blood, thus obtaining eternal redemption. For if the blood of goats and bulls, with the sprinkling of the ashes of a heifer, sanctifies those who have been defiled so that their flesh is purified, how much more will the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify our conscience from dead works to worship the living God!

Alleluia, Tone 1

verse: God gives me vindication, and has subdued people under me.

verse: Making great the salvation of the king, and showing mercy to His anointed, to David, and to His posterity forever.

**5-а Неділя Великого Посту
св. Марія Єгипетська**

*Замість Антифони Тупіка й Блаженні
Згідно Тупікону літургія св. Василя*

Тропар (глас 1): Хоч запечатали камінь юдеї* і воїни стерегли пречисте тіло Твоє,* воскрес Ти, Спасе, на третій день,* даруючи життя світові.* Тому сили небесні взивали до Тебе, Життєдавче:* Слава воскресінню Твоєму, Христе,* слава царству Твоєму,* слава провидінню Твоєму,* єдиний Чоловіколюбче!

Тропар (глас 8): В тобі, мати, дбайливо зберігся образ, бо, прийнявши хрест, ти пішла слідом за Христом і ділом навчала ти погорджувати тілом, бо воно проминає, а дбати про душу – єство безсмертне. Тим-то з ангелами разом радується, преподобна Маріє, дух твій.

+Слава Отцю, і Сину, і Святому Духові.
І нині, і повсякчас, і на віки вічні. Амінь.

Кондак (глас 3): Перше блудами всякими сповнена, як Христова невіста через покаєння днесь явилася, ангельське життя наслідуючи, демонів оружжям хреста ти убиваєш. Ради цього як невіста царева ти явилася, Маріє преславна.

Прокімен (глас 1):

Милість Твоя, Господи, хай буде над нами,* бо ми надіялись на Тебе (Пс 32,22).

Стих: Радуйтеся, праведні, в Господі, правим належить похвала (Пс 32,1).

Апостол: (Євр 9,11-14):

Браття і Сестри, Христос же, з'явившись як архиєрей майбутніх благ, через більший і досконаліший намет, що зроблений не людською рукою, тобто не земної будови, – і не з кров'ю козлів та телят, але з власною кров'ю, – увійшов, раз назавжди у святиню і знайшов вічне відкуплення. Бо коли кров волів і козлів та попіл із телиці, як покропить нечистих, освячує, даючи їм чистоту тіла, то скільки більше кров Христа, – який Духом вічним приніс себе самому Богові непорочним, – очистить наше сумління від мертвих діл, на служіння Богові живому!

Алилуя (глас 1):

Стих: Бог, що дає відплату мені, і покоровив народи мені (Пс 18,48)

Стих: Ти, що звеличуєш спасіння царя, і даєш милість помазаннику Своему Давидові і родові його повіки (Пс 18,51).

Gospel: Mark 10:32-45

At that time, Jesus took the twelve aside again and began to tell them what was to happen to him, saying, "See, we are going up to Jerusalem, and the Son of Man will be handed over to the chief priests and the scribes, and they will condemn him to death; then they will hand him over to the Gentiles; they will mock him, and spit upon him, and flog him, and kill him; and after three days he will rise again." James and John, the sons of Zebedee, came forward to him and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What is it you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or be baptized with the baptism that I am baptized with?" They replied, "We are able." Then Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." When the ten heard this, they began to be angry with James and John. So Jesus called them and said to them, "You know that among the Gentiles those whom they recognize as their rulers lord it over them, and their great ones are tyrants over them. But it is not so among you; but whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all. For the Son of Man came not to be served but to serve, and to give his life a ransom for many."

Hymn to the Mother of God

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider that all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest. (Psalm 148:1)* The just man shall be in everlasting remembrance;* of evil hearsay he shall have no fear.* Alleluia, alleluia,* alleluia. (Psalm 111:6)

Євангеліє: (Мр 10,32-45):

У той час взяв Ісус дванадцятьох і почав їм говорити, що має статися з ним: "Оце йдемо в Єрусалим, і Син Чоловічий буде виданий первосвященникам та книжникам, і засудять його на смерть, і видадуть його поганам; і насміхатимуться з нього, плюватимуть на нього, бичуватимуть його й уб'ють, він же по трьох днях воскресне." Яків же та Йоан, сини Заведея, підходять до нього та й кажуть йому: "Учителю, хочемо, щоб ти нам зробив те, чого попросим." Він же їм відповів: "Що хочете, щоб я зробив вам?" "Зволь нам, – ті йому кажуть, – щоб ми сиділи: один праворуч, другий ліворуч від тебе у твоїй славі." Ісус же сказав їм: "Не знаєте, чого просите. Чи можете пити чашу, яку я п'ю, і хреститися хрищенням, яким я хрищусь?" Ті йому відповіли: "Можемо." Ісус сказав їм: "Чашу, яку я п'ю, питимете, і хрищенням, яким я хрищуся, хреститиметесь. Сидіти ж праворуч від мене чи ліворуч, – не моя річ вам дати, а кому приготовано." Почули про те десятеро, тож обурились на Якова та Йоана. Тоді Ісус прикликав їх і сказав їм: "Ви знаєте, що ті, яких вважають князями народів, верховодять ними, а їхні вельможі утискають їх. Не так воно хай буде між вами, але хто з-між вас хоче стати великим, хай буде вам слугою, і хто з-між вас хоче бути першим, хай буде рабом усіх. Бо й Син Чоловічий прийшов не на те, щоб йому служити, лише щоб служити й віддати своє життя як викуп за багатьох."

Замість Достойно:

Тобою радується, Благодатная, всяка твар, ангельський собор і чоловічеський рід, освящений храм і раю словесний, дівственна похвало, що із неї Бог воплотився і младенцем став – перед віками сущий Бог наш. Лоно бо твоє престолом сотворив і утробу твою просторішою небес учинив. Тобою радується, Благодатная, всяка твар, слава тобі.

Причасний:

Хваліте Господа з небес,* хваліте Його на висотах (Пс 148,1). * В пам'ять вічну буде праведник,* злих слухів не убоїться (Пс 111,6-7). Алілуя (х3).