

### *Palm Sunday*

The hymns and prayers celebrating Christ's glorious journey into the Holy City reflect both the joy and the concern about what shall in short time occur in this City.

The introductory Vespers' hymn expresses these sentiments in these words: "Today the grace of the Holy Spirit has gathered us together, and we all take up Your Cross and say; Blessed is He who comes in the name of the Lord; Hosanna in the highest!" The Palm Sunday exclamation, "Blessed is He who comes in the name of the Lord ..." is repeated over and over and we know that it was also taken into the Liturgy's solemn hymn, "Holy, holy, holy ..."

A Palm Sunday liturgical text beautifully expresses the full dimensions of this greeting when it says, "Blessed are You, You have come and are

coming again in the name of the Lord God our Savior!" The serene sunshine of the Palm Sunday could not last long. Evening is approaching of the first day of the Holy Week. Jesus' enemies were not idle; they gather and debate how to stop any similar demonstration. He should be arrested.

The Church reminds us of this change: "As we pass from one Divine Feast to another, O faithful, let us go with haste to the reverent and saving celebration of Christ's sufferings. Let us behold Him undergo voluntary suffering for our sake, and let us sing to Him with thankfulness a fitting hymn: O Fountain of tender mercy and Haven of salvation. Lord, glory be to You!" The Great, Holy Week of Christ's Passion began.

*Father Vladimir Vancik*

### PALM SUNDAY -- FLOWERY SUNDAY



*Icon of the Entrance into Jerusalem*

**UKRAINIAN CATHOLIC NATIONAL SHRINE OF THE HOLY FAMILY**

**4250 Harewood Road NE**

**Washington, DC 20017**

**Phone: 202-526-3737 Fax: 202-526-1327 E-mail: [ucnsholyfamily@gmail.com](mailto:ucnsholyfamily@gmail.com)**

**Webpage: [www.ucns-holyfamily.org](http://www.ucns-holyfamily.org)**

**IN CASE OF AN EMERGENCY PLEASE CALL: 202-262-5040**

**Pastoral Care entrusted to:**

**Father Robert Hitchens Father Wasyl Kharuk**

**Sunday – March 28, 2021**

**Слава Ісусу Христу – Слава на віки Glory to Jesus Christ – Glory to Him Forever**

**The District of Columbia is at Phase 2, and our Church is open for Divine Liturgies. But, some may not feel ready to return, so we will continue to Livestream our 9:00 a.m. English Divine Liturgy and our 11:30 a.m. Ukrainian Divine Liturgy. The dispensation from attending Sunday Divine Liturgy and Holy Days of Obligation throughout the Archeparchy is still in effect until further notice.**

**All Services will be Live Streamed at 9:00 AM and 11:30 AM**

**Platform: <https://www.facebook.com/holyfamilyshrine/>**

**OUR CHURCH IS OPEN FOR LITURGIES**

<b>Sunday March 28</b> <b>9:00 a.m.</b> <b>11:30 a.m.</b>	<b>Our Lord's Entrance into Jerusalem – Palm Sunday</b> (+Katherine Drabyk from Family) (For the Parish)
<b>Monday March 29</b> <b>7:00 p.m.</b>	<b>Great and Holy Monday</b> <b>Presanctified Liturgy</b> (+Nagurney-Medwid Family from Irene)
<b>Wednesday March 31</b> <b>7:00 p.m.</b>	<b>Great and Holy Wednesday</b> <b>Presanctified Liturgy with Anointing of the Sick</b> (All of the Sick and Dying)
<b>Friday April 2</b> <b>7:00 p.m.</b>	<b>Great and Holy Friday</b> <b>Vespers with the placing of the Shroud (Plaschanitsya)</b>
<b>Saturday April 3</b> <b>10:00 a.m.</b> <b>11:00 a.m.</b> <b>12:00 p.m.</b> <b>8:30 p.m.</b> <b>9:30 p.m.</b>	<b>Great and Holy Saturday</b> <b>Church opens for Visitation of the Tomb All Day</b> <b>Blessing of Easter Food Baskets</b> <b>Blessing of Easter Food Baskets</b> <b>Resurrection Matins</b> <b>Divine Liturgy (For the Parish) Blessing of Easter Food Baskets</b>
<b>Sunday April 4</b> <b>8:30 a.m.</b>  <b>10:30 a.m.</b>	<b>PASCHA – THE RESURECTION OF JESUS CHRIST</b> <b>Divine Liturgy (+Bishops, +Priests, and +Religious) Blessing of Easter Food Baskets</b> <b>Divine Liturgy (For Vocations) Blessing of Easter Food Baskets</b>

**CONCERNING FUTURE PARISH EVENTS**

**The Mayor of the District of Columbia extended the Pandemic State of Emergency to March 31, 2021. As such, we will not be able to have our Easter Dinner. Fellowship with Cake and Coffee after the Sunday Divine Liturgies will also continue to be suspended.**

**SPIRITUAL REGULATIONS FOR THE GREAT AND HOLY WEEK 2021**

Although our Church traditionally prescribed abstinence from meat and dairy products in days gone by for the entire duration of the Great Fast, the following are the minimal regulations today: Abstinence from meat and all dairy products on Good Friday. Abstinence from meat only on Holy Saturday until after Easter Liturgy. It is also traditional (but not required) to abstain from meat on Holy Wednesday and Holy Thursday. Everyone should receive the Holy Mysteries of Reconciliation and Holy Eucharist during the period from the onset of Great Fast to the Wednesday before Ascension Thursday. The Fasting and Abstinence regulations are not binding on persons 60 or older, the very poor, sick, nursing or pregnant women, children below the age of 14, and those who engage in physically very hard labor. However, all are urged, if able to do so, to observe the fasting and abstinence regulations.

**FIRST CONFESSION 2021 PREPARATION CLASSES – SUNDAYS AT 10:30 A.M.**

First Confession will be celebrated in our parish for children ages 7 and older on **Saturday June 5**. In order to prepare to receive this sacrament, the children must attend the preparation classes on **Sundays at 10:30 a.m. on: Apr.: 18, 25, May: 16 and 23** Children must also attend the Divine Liturgy on these days. Please do not be late. Although we previously celebrated First Confession on Lazarus Saturday, that is not possible this year. We are a month behind on preparation because of the pandemic and, more importantly, Easter falls very early this year. Considering COVID restrictions and the possibility of inclement winter weather in the coming weeks, and student illnesses, it is necessary to schedule the celebration of the sacrament for June 5. That date is unlikely to change, unless there are new restrictions issued by the DC government. Also, to clarify, we do not plan to hold class every Sunday. According to the planned schedule, which starts on January 31, there will be no class on major holidays or the second Sunday of the month: *i.e.*, April 4 (Easter), April 11, May 2 (Old Calendar Easter), May 9 (Mother's Day), or May 30 (Memorial Day weekend).

**Prayer List**

Our prayer list of the sick or elderly and friends of our parish: **Theresa Aranda, Liana Arnold, Fr. Frank Avant, Susan Avant, Charles Belanger, Barbara Blendy, Bluey Family, Yevhenia Borys, Taisia Bullard, Michele Burns, Mary Connors, Jack Davis, Darlene Dossick, Solomia Dutkewych, Ruth Fedack, Bernard F, Lilian Garland, Thomas Gutmann, H.H., Josie Hacker, Catherine Hetmansky, 1LT Catherine Hetmansky Hayes (Active Duty Iraq), Bernadell Rita Higgins, Daniel Horeczko, Nila Iwaskiw, Kateryna Jurach, Oksana K, Sarah Kelt, Dorothy Kozmoski, Suzanne Krumpelman, Fr. Mykhailo Kuzma, Michael Joseph Little, Mark Pidlusky, Michele Pretka Litvar, Yaroslava L., Mufada and Family, Sallie Miller, John Moeller, Matthew Parowski, Deborah Pickering, Alexandra Pohorecka, Ron#119, Michael Joseph Radigan, Ivanna Richardson, Roman Rusynko, James Salandro, Maria Sawkiw, Lisa Schaible, Christopher Sell, Shliakhta Bogdana, Shliakhta Mark, Shliakhta Andrew, Timothy Stock, Lindsey Sydnor, Thomas Sydnor, Helen Lefcheck Torre, Jarrelyn Trusen, Lisa Pretka Turner, Gloria and Luis Vega, Jennifer Wilson.** If you know of someone who should be on this list, please email or call with the name of the individual. Our intercessory prayer for the sick and the aged is truly helpful and comforting. In your Christian Charity, kindly remember our sick parishioners in your prayers and perhaps a card or note.

## Schedule of Holy Week and Easter 2021 For COVID-19 Pandemic

Services will be Live Streamed and the Churches Open - Everyone is Welcome to Pray with Us!

Via Facebook <https://www.facebook.com/holyfamilyshrine/>

Via Facebook <https://www.facebook.com/ssjoachimandanna/>

**Holy Family**  
4250 Harewood Road NE  
Washington, DC 20017

**Saints Joachim and Anna**  
1396 Linden Street  
Front Royal, VA 22630

### **Lazarus Saturday, March 27**

10:00 a.m. Divine Liturgy **Bilingual**

11:00 a.m. to 1:30 p.m. Confessions

### **Flowery-Palm Sunday – Blessing of Pussy Willows Sunday March 28**

9:00 a.m. Divine Liturgy English

11:30 a.m. Divine Liturgy Ukrainian

### **Holy Monday, March 29**

7:00 p.m. Presanctified Liturgy **Bilingual**

### **Holy Wednesday, March 31**

7:00 p.m. Presanctified Liturgy **Bilingual**

### **Good Friday, April 2**

7:00 p.m. Vespers, Placing of the Shroud  
(*Plaschanytsya*) **Bilingual**

### **Holy Saturday, April 3**

**Church Opens at 10:00 a.m. for Guarding the  
Tomb until Resurrection Matins**

11:00 a.m. Blessing of Easter Baskets

12:00 p.m. Blessing of Easter Baskets

8:30 p.m. Matins of the Resurrection **Bilingual**

9:30 p.m. Divine Liturgy of Pascha **Bilingual**

Followed by Blessing of Easter Baskets

### **Pascha Sunday, April 4**

8:30 a.m. Divine Liturgy of Pascha **Bilingual**

Followed by Blessing of Easter Baskets

10:30 a.m. Divine Liturgy of Pascha **Bilingual**

Followed by Blessing of Easter Baskets

**\*\*Blessing of Easter Baskets at Holy Family\*\***

**Stay with your car and keep Easter Baskets in your  
trunk. Father will come to each car to bless the  
Easter Baskets.**

### **Flowery-Palm Sunday – Blessing of Pussy Willows Saturday March 27**

1:30 p.m. to 3:30 p.m. Confessions

4:00 p.m. Divine Liturgy English

### **Holy Tuesday, March 30**

6:00 p.m. Presanctified Liturgy **English**

### **Holy Thursday, April 1**

6:00 p.m. Vespers and Divine Liturgy of St. Basil the  
Great Commemorating the Lord's Supper **English**

### **Good Friday, April 2**

3:00 p.m. Vespers, Placing of the Shroud

(*Plaschanytsya*) **English**

**Church will be open for Guarding of the Tomb  
until Easter Vigil on Saturday**

### **Holy Saturday, April 3**

4:00 p.m. Vespers and Divine Liturgy of St. Basil the  
Great First Liturgy of Pascha-Easter Vigil **English**

[Satisfies Easter Obligation]

Followed by Blessing of Easter Baskets

Христос Воскрес  
Christ is Risen

I have tried to provide as many opportunities as possible for all of our people to safely join  
in prayer this Holy Week and Pascha of 2021 with this special schedule of services.

God Bless all of you and your families - Fr. Robert

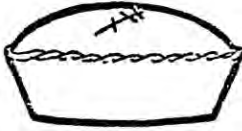


# How to Put Together a Traditional Easter Basket


Text by:  
Rev. Basil Kraynyak



Illustrations by:  
Mary Ellen Petro

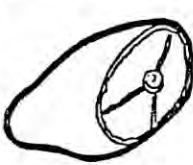


**PASCHA** - The Easter Bread (pron. pá-aka.) A sweet, yeast bread rich in eggs, butter, etc. Symbolic of Christ Himself who is our True Bread. Usually a round loaf baked with a golden crust decorated with a symbol indicative of Christ. Sometimes a cross (—) of dough is placed on top encircled by a plait giving it a crowned effect or Greek abbreviation for the name of Christ. The letters XB indicate the Slavonic for Christ is Risen.

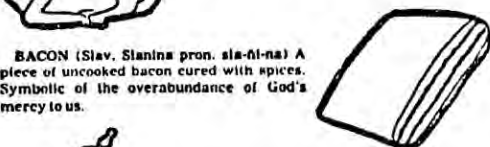


**CHEESE** (Slav. Hrudka or Sirets pron. hrood-ka or sí-rets) A custard-type cheese shaped into a ball having a rather bland but sweet taste indicative of the moderation that Christians should have in all things. Also, creamed cheese is placed in a small dish and both are decorated with symbols (see Pascha) out of cloves or pepper balls.

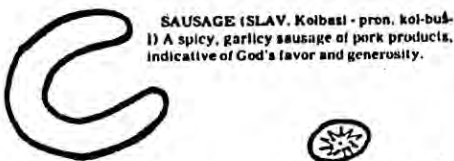
**HAM** (Slav. Šunka - pron. shoon-ka.) The flesh meat popular with the Slavs as the main dish because of its richness and symbolic of the great joy and abundance of Easter. Some may prefer Lamb or Veal. This is usually well roasted or cooked as well as other meats so that the festivity of the day will not be burdened with preparation and all may enjoy the Feast.



**BUTTER** (Slav. Maslo pron. má-slo) This favorite dairy product is shaped into a figure of a Lamb or small cross and decorated as the cheese. This reminds us of the goodness of Christ that we should have toward all things.



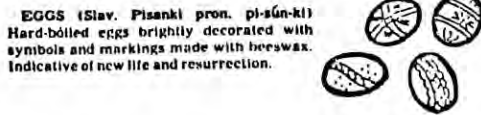
**BACON** (Slav. Šlanina pron. sla-ni-na) A piece of uncooked bacon cured with spices. Symbolic of the overabundance of God's mercy to us.



**SAUSAGE** (SLAV. Kolbasi - pron. kol-buá-i) A spicy, garlicky sausage of pork products, indicative of God's favor and generosity.



**SALT** (Slav. Sol' pron. sol') A condiment necessary for flavor reminding the Christian of his duty to others.



**EGGS** (Slav. Pisanki pron. pi-sún-ki) Hard-boiled eggs brightly decorated with symbols and markings made with beeswax. Indicative of new life and resurrection.



**HORSERADISH** (Slav. Chren pron. khrin) Horseradish mixed with grated red beets. Symbolic of the Passion of Christ still in our minds but sweetened with some sugar because of the Resurrection. A bitter-sweet red colored mixture reminds us of the sufferings of Christ.

These articles are placed in a wicker basket and a ribbon or bow is tied to the handle. A decorated candle is placed in the basket and is lit at the time of blessing. A linen cover usually embroidered with a picture of the Risen Christ or symbol with the words "Christ is Risen" is placed over the food when brought to the Church.

In some places a large Easter Bread (Pascha) is made and brought separately in a large linen cloth. If the origin of the people was from a wine growing area, a sweet wine may be brought.



## Easter Food Basket Blessing for after EASTER LITURGY

It is traditional that during the Great Fast (Lent), the faithful fast and abstain from meat and dairy products as much as possible. To show their joy and gratitude at the end of this time of fasting, people take to Church baskets of food which are to be blessed and then consumed after Easter Liturgy with family and friends. The traditional Ukrainian Easter breakfast of hard-boiled eggs, various meats, sausages and ham, butter, decorative paska, salt, horseradish, and cheese is a very special treat. This meal is very much looked forward to, especially in light of the symbolism of the foods that are consumed. Feel free to customize to your family's tastes and traditions. Everyone is encouraged to adopt this tradition in their own special way. An offering is usually given to the priests for the special blessing as a token of your appreciation for their serving you during the year.