

Saint Mary of Egypt

On a pilgrimage through the desert, a priest-monk named Father Zozimos encountered a most fascinating and inspiring woman whom we know today as Saint Mary of Egypt. Saint Mary, Zozimos recalled, seemed to be “walking upon air.” Upon approaching this woman, she asked for his blessing and told him of her life.

Saint Mary was born in Egypt in the sixth century and by the age of twelve had already dedicated her life to the pursuit of debauchery and excess. By her own admission, she spent the next seventeen years of her life attempting to satisfy every carnal appetite in any way possible. This intention led her to seek passage on a boat bound for Jerusalem where, out of curiosity, she followed the crowds to the threshold of the Church of the Holy Sepulchre. As she attempted to follow the crowd into the Church, she was

stopped at the doorway by an invisible force. At this moment, her sinfulness was revealed to her and she made a promise to the Mother of God that if she was permitted to enter the Church she would dedicate the rest of her life to God.

After her dramatic conversion she withdrew to the desert where she spent the remaining years of her life in self-denial and repentance. Towards the end of her life she met the priest-monk Zozimos, whom she petitioned to visit her on regular occasions in order that she might be nourished with Holy Communion before she died.

May the example of Saint Mary draw attention to our own need for repentance so that we, too, nourished by Holy Communion, may rededicate our lives to the service of God.

FIFTH SUNDAY OF THE GREAT FAST SUNDAY OF MARY OF EGYPT



Icon of Saint Mary and Father Zozimos

UKRAINIAN CATHOLIC NATIONAL SHRINE OF THE HOLY FAMILY

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Pastoral Care entrusted to:

Father Robert Hitchens

Father Wasyl Kharuk

Sunday – April 3, 2022

Слава Ісусу Христу – Слава на віки Glory to Jesus Christ – Glory to Him Forever

All Services will be Live Streamed at 9:00 AM and 11:30 AM

Platform: <https://www.facebook.com/holyfamilyshrine/>

OUR CHURCH IS OPEN FOR LITURGIES

Sunday April 3 9:00 a.m. 11:30 a.m.	Fifth Sunday of the Great Fast - St. Mary of Egypt (+Gregor and +Paraskevia Popadiuk from Family) (For the Parish)
Friday April 8 6:00 p.m.	Presanctified Liturgy (+Deceased of the Nagurney-Medwid Family from Irene)
Saturday April 9 10:00 a.m.	Lazarus Saturday Divine Liturgy and First Confession
Sunday April 10 9:00 a.m. 11:30 a.m.	Our Lord's Entrance into Jerusalem – Palm Sunday (+Andrew and +Julia Keyes from Family) (For the Parish)

THE GREAT FAST IS HERE – A TIME FOR PENANCE AND METANOIA

Our parish will make a commitment to observe this sacred time in accord with the authentic traditions of our Ukrainian Greek Catholic Church. We will celebrate the Liturgy of the Presanctified Gifts on Fridays at 6:00 p.m. in our Church. *Wednesdays will be at SS. Joachim and Anna in Front Royal, VA.* On Saturdays, we will celebrate the Divine Liturgy for the Souls enrolled in the Sorokousty 10:00 a.m. in our Church. Since ancient times, Christians have been challenged to practice: **FASTING – ALMSGIVING – PRAYER – AS A WAY OF LIFE AND A WAY TO ETERNAL LIFE.** Please try your best to make the effort to observe these Lenten Disciplines and Practices during the **FAST 2022.**

Everyone, regardless of age, is encouraged to observe the GREAT FAST as piously as possible!

SPIRITUAL REGULATIONS FOR THE GREAT FAST 2022

Although our Church traditionally prescribed abstention from meat and dairy products in days gone by for the entire duration of the Great Fast, the following are the minimal Lenten regulations today: Abstinance from meat and all dairy products on Good Friday. Abstinance from meat only on all Fridays of the Great Fast as well as Holy Saturday. It is also traditional to abstain from meat on Wednesdays during the Great Fast. Everyone should receive the Holy Mysteries of Reconciliation and Holy Eucharist during the period from the onset of Great Fast to the Wednesday before Ascension Thursday. The Fasting and Abstinance regulations are not binding on persons 60 or older, the very poor, sick, nursing or pregnant women, children below the age of 14, and those who engage in physically very hard labor. However, all are urged, if able to do so, to observe the fasting and abstinance regulations.

Prayer List

Our prayer list of the sick or elderly and friends of our parish: **Theresa Aranda, Liana Arnold, Chuck Basile, Charles Belanger, Barbara Blendy, Bluey Family, Yevhenia Borys, Taisia Bullard, Michele Burns, Robert Matthew C., Mary Connors, Darlene Dossick, Solomia Dutkewych and Theresa, Ruth Fedack, Bernard F, Lindsey Fedyk, Lilian Garland, Alice Gogniat, Thomas Gutmann, H.H., Josie Hacker, Catherine Hetmansky, Bernadell Rita Higgins, Daniel Horeczko, Nila Iwaskiw, Kateryna Jurach, Oksana K, Sarah Kelt, Dorothy Kozmoski, Suzanne Krumpelman, Fr. Mykhailo Kuzma, Mr. Marko, Michael Joseph Little, Mark Pidlusky, Michele Pretka Litvar, Yaroslava L., Mufada and Family, Sallie Miller, John Moeller, Deborah Pickering, Alexandra Pohorecka, Ron#119, Jane O'Shea, Michael Joseph Radigan, Roman Rusynko, James Salandro, Maria Sawkiw, Lisa Schaible, Christopher Sell, Shliakhta Bogdana, Shliakhta Mark, Shliakhta, Andrew, Larry Sosnowich, Lindsey Sydnor, Thomas Sydnor, Stefania Szahaj, Helen Lefcheck Torre, Cindy Turchek, Lisa Pretka Turner, Gloria and Luis Vega, Jennifer Wilson.** If you know of someone who should be on this list, please email or call with the name of the individual. Our intercessory prayer for the sick and the aged is truly helpful and comforting. In your Christian Charity, kindly remember our sick parishioners in your prayers and perhaps a card or note.

God With Us Catechism

In both the Gospel and Epistle today we learn about one of the hallmarks of Christianity – servant leadership. “Cleanse your conscience from dead works,” Saint Paul teaches us, “to serve the living God.” And again, in the Gospel, Jesus explains that he did “not come to be served but to serve.” In this way of service, Jesus shows us that we are called to “give” our life to God through the gift of service to each other. During the Lenten season the Church invites us to intensify our calling as servant leaders and to live out this calling in real tangible ways. QUESTIONS: 1. What are some practical examples of servant leadership? 2. What are some ways that we can serve others? 3. Why is service to one another a way in which we serve God? 4. If service is a good work, what are some examples of “dead works” which are not unto salvation?

Come to Church - Come to Confession - Come to Holy Communion

The Time Is Now

+Pray for Ukraine+