

Readiness to Forgive

Nothing makes us so like God as our readiness to forgive the wicked and wrongdoer. For it is God who has made “the sun to shine on the evil and on the good.”

For this same reason again in every one of the clauses Jesus commands us to make our prayers together in one voice, saying, “Our Father,” and “thy will be done in earth as it is in heaven,” and “give us the bread, and forgive us our debts,” and “lead us not into temptation,” and “deliver us.” So everywhere he is teaching us to use this plural word that we may not retain so much as a vestige of resentment against our neighbor.

How great a reproof then must they de-

serve, who, after all this, still do not forgive and even ask God’s vengeance on their enemies. In doing so, they diametrically transgress this command. Meanwhile Christ is seeking in every way possible to hinder our conflicts with one another. For since love is the root of all that is good, by removing from all quarters whatever mars it he brings us together and cements us to each other. For there is not one, not a single one, whether father or mother or friend, who loves us as much as the God who created us.

St. John Chrysostom

**For more information on Eastern spirituality, visit
www.ecpubs.com**

SUNDAY OF CHEESEFARE SUNDAY OF FORGIVENESS



Icon of the the Ladder of Divine Ascent

UKRAINIAN CATHOLIC NATIONAL SHRINE OF THE HOLY FAMILY

4250 Harewood Road NE

Washington, DC 20017

Phone: 202-526-3737 Fax: 202-526-1327 E-mail: ucnsholyfamily@gmail.com

Webpage: www.ucns-holyfamily.org

IN CASE OF AN EMERGENCY PLEASE CALL: 202-262-5040

Pastoral Care entrusted to:

Father Robert Hitchens – Administrator

Father Andrii Chornopyskyi – Parochial Vicar

Sunday – February 19, 2023

Слава Ісусу Христу – Слава на віки Glory to Jesus Christ – Glory to Him Forever

All Services will be Live Streamed at 9:00 AM and 11:30 AM

Platform: <https://www.facebook.com/holyfamilyshrine/>

Sunday February 19 9:00 a.m. 11:30 a.m. **5:00 p.m.**	(+Michael and +Catherine Dankewych from Family) (For the Parish) Forgiveness Vespers – The Great Fast Commences
Friday February 24 9:00 a.m. 6:00 p.m.	One Year Anniversary of the Full-scale Invasion and War WORLD DAY OF PRAYER AND FAST FOR UKRAINE Church opens for prayer vigil Liturgy of the Presanctified Gifts (Peace in Ukraine)
Saturday February 25 10:00 a.m.	Divine Liturgy (Sorokousty)
Sunday February 26 9:00 a.m. 11:30 a.m.	Sunday of Orthodoxy (For the Parish) (+Stefania and +Volodymyr Choma from Family)

ONE-YEAR ANNIVERSARY OF THE RUSSIAN INVASION AND WAR IN UKRAINE FEBRUARY 23

Please join in a protest at the russian embassy and Stand With Ukraine! Please bring your Ukrainian flags, signs, LED candles or flashlights, and your robust energy to show your support for a Ukrainian victory and protest russian aggression. **(6:00 pm – 10:00 pm) russian embassy, 2650 Wisconsin Avenue NW, Washington, DC**

ONE-YEAR ANNIVERSARY OF THE RUSSIAN INVASION AND WAR IN UKRAINE FEBRUARY 24

Our Church will be open for Private Prayer beginning at 9:00 a.m. At 6:00 p.m. we will celebrate the Lenten Liturgy of the Presanctified Gifts for Peace in Ukraine and a Panakhyda for those who have died. At 7:00 p.m. there will be a candlelight vigil at the russian embassy. Please remember to pray for Ukraine this week and especially on Friday.

ONE-YEAR ANNIVERSARY OF THE RUSSIAN INVASION AND WAR IN UKRAINE FEBRUARY 25

On Saturday, February 25 at 2:00 p.m., there will be a Gathering at the Lincoln Memorial in Washington, DC with people from all over the nation marking the 1-year anniversary of Russia’s full-scale invasion of Ukraine.

THE GREAT FAST IS COMING – MONDAY FEBRUARY 20 – A TIME FOR PENANCE AND METANOIA

The Great Fast begins Monday, February 20. This year we will offer the Vespers on Forgiveness Sunday February 19 at 5:00 p.m. to enter into the time of repentance that is the Great Fast. Our parish will make a commitment to observe this sacred time in accord with the authentic traditions of our Ukrainian Catholic Church. We will celebrate the Liturgy of the Presanctified Gifts on Fridays at 6:00 p.m. in our Church. *Wednesdays will be at SS. Joachim and Anna in Front Royal, VA.* On Saturdays, we will celebrate the Divine Liturgy for the Souls enrolled in the Sorokousty 10:00 a.m. in our Church. Christians have been challenged to practice: ***FASTING – ALMSGIVING – PRAYER – AS A WAY OF LIFE AND A WAY TO ETERNAL LIFE.*** Please try your best to make the effort to observe these Lenten Disciplines and Practices during the **FAST 2023**.

Everyone, regardless of age, is encouraged to observe the GREAT FAST as piously as possible!

SPIRITUAL REGULATIONS FOR THE GREAT FAST 2023 – BEGINS MONDAY FEBRUARY 20

Although our Church traditionally prescribed abstinence from meat and dairy products in days gone by for the entire duration of the Great Fast, the following are the minimal Lenten regulations today: Abstinence from meat and all dairy products on the First Day of the Great Fast and on Good Friday. Abstinence from meat only on all Fridays of the Great Fast as well as Holy Saturday. It is also traditional to abstain from meat on Wednesdays during the Great Fast. Everyone should receive the Holy Mysteries of Reconciliation and Holy Eucharist during the period from the onset of Great Fast to the Wednesday before Ascension Thursday. The Fasting and Abstinence regulations are not binding on persons 60 or older, the very poor, sick, nursing or pregnant women, children below the age of 14, and those who engage in physically very hard labor. However, all are urged, if able to do so, to observe the fasting and abstinence regulations.

Prayer List

Our prayer list of the sick or elderly and friends of our parish: **Theresa Aranda, Liana Arnold, Valarie Balthis, Charles Belanger, Barbara Blendy, Bluey Family, Yevhenia Borys, Terry Boyle, Taisia Bullard, Robert Matthew C., Mary Connors, Veronica Cosio, Darlene Dossick, Solomia Dutkewych and Theresa, Ruth Fedack, Bernard F, Lindsey Fedyk, Lilian Garland, Alice Gogniat, Thomas Gutmann, H.H., Josie Hacker, Catherine Hetmansky, Bernadell Rita Higgins, Daniel Horeczko, Nila Iwaskiw, Kateryna Jurach, Sarah Kelt, Dorothy Kozmoski, Suzanne Krumpelman, Mr. Marko, Michael Joseph Little, Michele Pretka Litvar, Yaroslava L., Mufada and Family, Sallie Miller, John Moeller, Deborah Pickering, Alexandra Pohorecka, Ron#119, Michael Joseph Radigan, Roman Rusynko, Lisa Schaible, Christopher Sell, Michael Sharr, Shliakhta Bogdana, Shliakhta Mark, Shliakhta, Andrew, Larry Sosnowich, Lindsey Sydnor, Thomas Sydnor, Stefania Szahaj, Helen Lefcheck Torre, Lisa Pretka Turner, Gloria and Luis Vega, Anne Woroniak, Rose Wilson, and Jennifer Wilson.** If you know of someone who should be on this list, please email or call with the name of the individual. Our intercessory prayer for the sick and the aged is truly helpful and comforting. In your Christian Charity, kindly remember our sick parishioners in your prayers and perhaps a card or note.