

### *Whoever Wishes to be Great*

Blessed is he who, dwelling amidst many people, does not turn towards the many, but directs his whole heart to God. Blessed is he who purchases Christ with all his belongings and has, as his only possession, the cross, which he raises on high. Blessed is he who, administering his legal possessions, extends God's hand to those who are in need ...

Blessed is he who, having authority over the people, by holy and great sacrifices brings Christ to earthly folk. Blessed is the one, who, being a child of the flock, a most perfect nursing, keeps the place of the heavenly Christ. Blessed is he who, by his pure mind's forceful movements, beholds the brilliance of the heavenly lights. Blessed is he who honors the Lord by much-toiling hands: and, for many people, this is the law of life. All these things fill up the heavenly receptacles in which are

stored the fruit of our souls, while every individual virtue leads to a different place. For many are the mansions pertaining to different lives.

Blessed is he, whom the mighty Spirit has shown to be poor in passions, whoever leads a life of repentance; who can never get his fill of celestial food; who, by kindness, becomes inheritor of great things; who, by bowels of mercy, draws down God's great compassion, being a friend of peace and pure in heart; who, for the sake of the renowned Christ, has endured many sufferings, and will find great honor. Keep to the way of these people, whichever you prefer.

*St. Gregory the Theologian*

**For more information on Eastern spirituality, visit  
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## FIFTH SUNDAY OF THE GREAT FAST SAINT MARY OF EGYPT



*Icon of Saints Zozimos and Mary of Egypt*

**UKRAINIAN CATHOLIC NATIONAL SHRINE OF THE HOLY FAMILY**

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**IN CASE OF AN EMERGENCY PLEASE CALL: 202-262-5040**

***Pastoral Care entrusted to:***

Father Robert Hitchens – Administrator

Father Andrii Chornopyskyi – Parochial Vicar

**Sunday – March 26, 2023**

**Слава Ісусу Христу – Слава на віки Glory to Jesus Christ – Glory to Him Forever**

**All Services will be Live Streamed at 9:00 AM and 11:30 AM**

**Platform: <https://www.facebook.com/holyfamilyshrine/>**

<b>Sunday March 26</b> <b>9:00 a.m.</b> <b>11:30 a.m.</b>	<b>St. Mary of Egypt</b> (For the Parish) (+Lydia Jarosewich from Family)
<b>Friday March 31</b> <b>6:00 p.m.</b>	<b>Liturgy of the Presanctified Gifts</b> (Living Nagurney-Medwid Family from Irene)
<b>Saturday April 1</b> <b>10:00 a.m.</b>	<b>Lazarus Saturday</b> Divine Liturgy and First Confession (Souls Enrolled in Sorokousty)
<b>Sunday April 2</b> <b>9:00 a.m.</b> <b>11:30 a.m.</b>	<b>Our Lord’s Entrance into Jerusalem – Palm Sunday</b> (For the Parish) (Blessings for Theresa Caryk from Mrs. Ben)

**WELCOME TO OUR NEWEST PARISHIONER**

**Viktor Gavilan** newly illumined by the Holy Mysteries, baptized, chrismated, and received the Holy Eucharist this Sunday. God bless Viktor, his father Ruben and his mother, Nataliia. *Mnohaya Lita!*

**EASTER BAZAAR 2023 – WE’RE BACK!!! AND THANK YOU!!!**

Finally, after the global setback of Covid, we are back. Please enjoy this year’s Pysanka Workshop and Bazaar. We are so very thankful to all of the new volunteers and veterans who came to help prepare food and to work at the Bazaar and to host and assist at the pysanka workshop. God Bless all of you!

**THE GREAT FAST – A TIME FOR PENANCE AND METANOIA**

Our parish will make a commitment to observe this sacred time in accord with the authentic traditions of our Ukrainian Catholic Church. We will celebrate the Liturgy of the Presanctified Gifts on Fridays at 6:00 p.m. in our Church. *Wednesdays will be at SS. Joachim and Anna in Front Royal, VA.* On Saturdays, we will celebrate the Divine Liturgy for the Souls enrolled in the Sorokousty 10:00 a.m. in our Church. Christians have been challenged to practice: **FASTING – ALMSGIVING – PRAYER – AS A WAY OF LIFE AND A WAY TO ETERNAL LIFE.** Please try your best to make the effort to observe these Lenten Disciplines and Practices during the **FAST 2023.**

***Everyone, regardless of age, is encouraged to observe the GREAT FAST as piously as possible!***

**SPIRITUAL REGULATIONS FOR THE GREAT FAST 2023**

Although our Church traditionally prescribed abstinence from meat and dairy products in days gone by for the entire duration of the Great Fast, the following are the minimal Lenten regulations today: Abstinence from meat and all dairy products on Good Friday. Abstinence from meat only on all Fridays of the Great Fast as well as Holy Saturday. It is also traditional to abstain from meat on Wednesdays during the Great Fast. Everyone should receive the Holy Mysteries of Reconciliation and Holy Eucharist during the period from the onset of Great Fast to the Wednesday before Ascension Thursday. The Fasting and Abstinence regulations are not binding on persons 60 or older, the very poor, sick, nursing or pregnant women, children below the age of 14, and those who engage in physically very hard labor. However, all are urged, if able to do so, to observe the fasting and abstinence regulations.

**Prayer List**

Our prayer list of the sick or elderly and friends of our parish: **Theresa Aranda, Liana Arnold, Valarie Balthis, Charles Belanger, Barbara Blendy, Bluey Family, Yevhenia Borys, Terry Boyle, Taisia Bullard, Robert Matthew C., Mary Connors, Veronica Cosio, Darlene Dossick, Solomia Dutkewych and Theresa, Ruth Fedack, Bernard F, Lindsey Fedyk, Lilian Garland, Alice Gogniat, Thomas Gutmann, H.H., Josie Hacker, Catherine Hetmansky, Bernadell Rita Higgins, Daniel Horeczko, Nila Iwaskiw, Kateryna Jurach, Sarah Kelt, Dorothy Kozmoski, Suzanne Krumpelman, Mr. Marko, Michael Joseph Little, Michele Pretka Litvar, Yaroslava L., Mufada and Family, Sallie Miller, John Moeller, Deborah Pickering, Gina Plisiewicz, Alexandra Pohorecka, Patricia Pylypec, Ron#119, Michael Joseph Radigan, Roman Rusynko, Lisa Schaible, Christopher Sell, Michael Sharr, Shliakhta Bogdana, Shliakhta Mark, Shliakhta, Andrew, Larry Sosnowich, Lindsey Sydnor, Thomas Sydnor, Stefania Szahaj, Helen Lefcheck Torre, Lisa Pretka Turner, Gloria and Luis Vega, Anne Woroniak, Rose Wilson, Jennifer Wilson, Paul Yarrish.** If you know of someone who should be on this list, please email or call with the name of the individual. Our intercessory prayer for the sick and the aged is truly helpful and comforting. In your Christian Charity, kindly remember our sick parishioners in your prayers and perhaps a card or note.

**God With Us Catechism**

Saturday of Lazarus “Having fulfilled Forty Days... we ask to see the Holy Week of Thy Passion.” With these words sung at Vespers of Friday, Lent comes to its end and we enter into the annual commemoration of Christ’s suffering, death and Resurrection. It begins on the Saturday of Lazarus. The double feast of Lazarus’ resurrection and the Entrance of the Lord to Jerusalem (Palm Sunday) is described in liturgical texts as the “beginning of the Cross” and is to be understood therefore, within the context of the Holy Week. “It stinketh.” say the Jews trying to prevent Jesus from approaching the corpse, and this awful warning applies to the whole world, to all life. God is Life and the Giver of Life. He called man into the Divine reality of Life and behold “it stinketh”...The world was created to reflect and proclaim the glory of God and “it stinketh.” At the grave of Lazarus God encounters Death, the reality of antilife, of destruction and despair. He meets His Enemy, who has taken away from Him His World and become its prince. And we who follow Jesus as He approaches the grave, enter with Him into that hour of His, which He announced so often as the climax and the fulfillment of his whole work. The Cross, its necessity and universal meaning are announced in the shortest verse of the Gospel: “and Jesus wept”... We understand now that it is because He wept, i.e., loved His friend Lazarus, that Jesus had the power of calling him back to life. The power of Resurrection is not a divine “power in itself,” but power of love, or rather love as power. God is Love and Love is life, Love creates Life...It is Love that weeps at the grave and it is Love that restores life. This is the meaning of the Divine tears of Jesus. In them love is at work again – recreating, redeeming, restoring the darkened life of man: “Lazarus, come forth!...”