

### *Exalting the Cross*

For each of us, salvation means no more and no less than taking up daily the same cross of Christ, accepting each day what it brings as the will of God, offering back to God each morning all the joys, works, and sufferings of that day. But those are abstract words. What it means, in practice, is spelled out as always by the poor old body. It means getting up each morning and going to bed exhausted. It means the routine, not the spectacular. It can mean drudgery, pain, putting aside pleasures, happiness, or the love the human heart craves until another time, so that what is necessary at the moment can be done.

It means working for others, touching the lives of others, through the medium of the body. How many times, tired and worn

out and near collapse from the slave labor conditions of the camps, did I think I could not ask another step of the body, did I think in pain and irony of those words “The spirit indeed is willing but the flesh is weak”? Truly, man is a creature composed of body and soul, and we work out our salvation in this vale of tears through the medium of the flesh.

It is the first gift God and our parents fashion for us; it sustains and supports us through a long life and makes possible both joys and sorrows; and when at last we are parted from it in death, it surely deserves whatever rest it can get before it rises to be glorified at the last judgment.

*Father Walter J. Ciszek, S.J.*

## SUNDAY AFTER THE EXALTATION OF THE HOLY CROSS



*Icon of the Holy Apostle Codratus and Jonah the Prophet -- September 21st*

UKRAINIAN CATHOLIC NATIONAL SHRINE OF THE HOLY FAMILY

4250 Harewood Road NE Washington, DC 20017

Phone: 202-526-3737

Fax: 202-526-1327

E-mail: [ucnsholyfamily@gmail.com](mailto:ucnsholyfamily@gmail.com)

Webpage: [www.ucns-holyfamily.org](http://www.ucns-holyfamily.org)

IN CASE OF AN EMERGENCY PLEASE CALL: 202-262-5040

*Pastoral Care entrusted to:*

Father Robert Hitchens – Administrator

Father Mykola Dziurakh – Parochial Vicar

**Sunday – September 21, 2025**

**Glory to Jesus Christ – Glory to Him Forever + Слава Ісусу Христу – Слава на віки**

**Confessions are available before the Divine Liturgies**

**All Services will be Live Streamed Summer Schedule 10:00 a.m.**

**Platform: <https://www.facebook.com/holyfamilyshrine/>**

<b>Sunday September 21 10:00 a.m.</b>	(+Nestor Bazarko from Family)
<b>Thursday September 25 9:00 a.m.</b>	(+Jack Davis from Family)
<b>Friday September 26 9:00 a.m.</b>	(+Horace Hitchens from Family)
<b>Sunday September 28 10:00 a.m.</b>	(+Roman Orun from Walter and Nila Iwaskiw)

**Please Note: The “For the Parish Liturgy” (Pro Populo Intention) will be offered for both Parishes in SS. Joachim and Anna during the Summer Schedule**

**SUMMER LITURGY SCHEDULE SUNDAY JUNE 29 UNTIL SUNDAY SEPTEMBER 28  
- ONE BILINGUAL DIVINE LITURGY AT 10:00 A.M.  
РОЗКЛАД ЛІТУРГІЙ НА ЛІТНІЙ ПЕРІОД ПОЧИНАЮЧИ З НЕДІЛІ, 29 ЧЕРВНЯ, ДО  
НЕДІЛІ, 28 ВЕРЕСНЯ — ОДНА БОЖЕСТВЕННА ЛІТУРГІЯ ДВОМА МОВАМИ О  
10:00 РАХКУ**

**FIRST CONFESSION 2026 PREPARATION**

This year, preparation for First Confession will begin on Sunday September 21 and last longer than it has in the past. Classes will still be held on Sundays. As is the tradition in our parish, First Confession will be celebrated on Lazarus Saturday (March 28, 2026). If you have children of First Confession age in your family (age 7+), who have not yet received the sacrament, please contact Olya Mulvey at [olya.kroytor@gmail.com](mailto:olya.kroytor@gmail.com) to register or learn more. All children must attend Divine Liturgy with their families on a weekly basis during their preparation. The FALL SEMESTER class schedule is as follows: September 21, September 28, October 5, October 19, October 26, November 2, November 9, November 16, December 7, December 14.

**OCTOBER REPORTING & GIVING SOIRÉE PHILADELPHIA SATURDAY, OCTOBER 4, 2025**

Metropolitan Borys Gudziak warmly invites you to the 2025 Reporting & Giving Soirée “Anchored in Hope” of the Ukrainian Catholic Archeparchy of Philadelphia—a special gathering to share the story of our Church, reflect on our shared mission, and raise funds for one of our most pressing needs: support of new priests and employees. This fund is crucial to ensuring that we remain a Church that is present, responsive, and alive. Philadelphia Soirée Saturday, October 4, 2025, Cathedral Hall, 830 N. Franklin Street, Philadelphia, PA Doors open at 5:30 PM. Tickets are now available Individual ticket: \$175 Table seating for eight: \$1,250

[Purchase tickets for Philadelphia »](#)

<https://interland3.donorperfect.net/weblink/WebLink.aspx?name=E357935&id=35>

**PRAYER LIST**

Our prayer list of the sick or elderly and friends of our parish: **Theresa Aranda, Liana Arnold, Valarie Balthis, Charles Belanger, Barbara Blendy, Bluey Family, Yevhenia Borys, Terry Boyle, Taisia Bullard, Mary Connors, Veronica Cosio, Darlene Dossick, Robert Dulaine, Solomia Dutkewych and Theresa, Ruth Fedack, Bernard F, Myroslava Futey, Lilian Garland, Thomas Gutmann, H.H., Josie Hacker, Catherine Hetmansky, Vanessa Hetmansky, Bernadell Rita Higgins, Ellen Hitchens, Janet Hitchens, Boris Hlynsky, Daniel Horeczko, Oksana Horszynska, Ihor Hulawyj, Nila Iwaskiw, Sarah Kelt, LTJG Lydia Kowalskyj USN, Dorothy Kozmoski, Suzanne Krumpelman, Mr. Marko, Melissa Martin, Paul Marynowych, Irene Nagurney, Michele Pretka Litvak, Yaroslava L., Mufada and Family, Sallie Miller, John Moeller, Deborah Pickering, Alexandra Pohorecka, Patricia Pylypec, Ron#119, Michael Joseph Radigan, Ivanna Richardson, Roman Rusynko, Chris Saboe, Lisa Schaible, Christopher Sell, Teresa Sherwood, Shliakhta Bogdana, Shliakhta Mark, Shliakhta, Andrew, Larry Sosnowich, Lindsey Sydnor, Thomas Sydnor, Stefania Szahaj, Lisa Pretka Turner, Gloria and Luis Vega, Rose Wilson, Fr. George Worschak, and Paul Yarrish.** If you know of someone who should be on this list, please email or call with the name of the individual. Our intercessory prayer for the sick and the aged is truly helpful and comforting. In your Christian Charity, kindly remember our sick parishioners in your prayers and perhaps a card or note.