

Exalting the Cross

For each of us, salvation means no more and no less than taking up daily the same cross of Christ, accepting each day what it brings as the will of God, offering back to God each morning all the joys, works, and sufferings of that day. But those are abstract words. What it means, in practice, is spelled out as always by the poor old body. It means getting up each morning and going to bed exhausted. It means the routine, not the spectacular. It can mean drudgery, pain, putting aside pleasures, happiness, or the love the human heart craves until another time, so that what is necessary at the moment can be done.

It means working for others, touching the lives of others, through the medium of the body. How many times, tired and worn

out and near collapse from the slave labor conditions of the camps, did I think I could not ask another step of the body, did I think in pain and irony of those words “The spirit indeed is willing but the flesh is weak”? Truly, man is a creature composed of body and soul, and we work out our salvation in this vale of tears through the medium of the flesh.

It is the first gift God and our parents fashion for us; it sustains and supports us through a long life and makes possible both joys and sorrows; and when at last we are parted from it in death, it surely deserves whatever rest it can get before it rises to be glorified at the last judgment.

Father Walter J. Ciszek, S.J.

SUNDAY AFTER THE EXALTATION OF THE HOLY CROSS



Icon of the Holy Martyr Eustace and his Companions -- September 20th

UKRAINIAN CATHOLIC NATIONAL SHRINE OF THE HOLY FAMILY
4250 Harewood Road NE Washington, DC 20017

Phone: 202-526-3737 E-mail: ucnsholyfamily@gmail.com
Webpage: www.ucns-holyfamily.org
IN CASE OF AN EMERGENCY PLEASE CALL: 202-262-5040
Pastoral Care entrusted to:
Father Robert Hitchens – Administrator Father Mykola Dziurakh – Parochial Vicar

Sunday – September 20, 2026
Glory to Jesus Christ! – Glory to Him Forever! + Слава Ісусу Христу! – Слава на віки!
Confessions are available before the Divine Liturgy
All Services will be Live Streamed at 10:00 AM
Platform: <https://www.facebook.com/holyfamilyshrine/>

Saturday September 19	No Great Vespers Today Washinton Ukrainian Festival At Saint Andrews
Sunday September 20 **10:00 a.m.**	(+Nestor Bazarko from Martha and Family)
Wednesday September 23 9:00 a.m.	(+Alice Gogniat from Ann Marie)
Thursday September 24 9:00 a.m.	(Blessings for Omelyan and Theodosia from the Serbyn Family)
Friday September 25 9:00 a.m.	(+Teodor Chelak from Iryna Chalupa)
Sunday September 27 **10:00 a.m.**	(+Dmitri Woch from the Kerda Family)

The Sunday Parish Liturgy requirement will be offered in SS. Joachim and Anna during the summer

FIRST CONFESSION 2027 PREPARATION - FIRST CONFESSION DAY IS MARCH 20 2027

This year, preparation for First Confession will begin on Sunday September 27. Classes will still be held on Sundays. As is the tradition in our parish, First Confession will be celebrated on Lazarus Saturday (March 20, 2027). All children must attend Divine Liturgy with their families on a weekly basis during their preparation. The FALL SEMESTER class schedule is as follows: September 27; October 4, 18, 25; November 1, 8, 15, 22; December 6, 13. If you have children of First Confession age in your family (age 7+), who have not yet received the sacrament, please contact Olya Mulvey at olya.kroytor@gmail.com to register or learn more.

LOWER CHURCH BATHROOMS RENOVATION PROJECT 2026

LATEST UPDATE IS THAT WE AWAIT THE REVIEWS WITH DC GOVERNMENT.
MORE INFORMATION WILL BE SHARED AS WE GET IT. PLEASE KEEP THE DONATIONS COMING.

WELCOME TO OUR NEWEST PARISHIONER, ELIJAH LUCAS BENCH

We welcome our newest parishioner; Elijah Lucas Bench. Elijah was baptized, chrismated, and received the Holy Eucharist on Sunday, September 20. May God grant Elijah, his father, Andriy, and mother, Jennifer, many happy years – Mnohaya Lita!

PRAYER LIST

Our prayer list of the sick or elderly and friends of our parish: Theresa Aranda, Liana Arnold, Valarie Balthis, Melanie Bebak, Barbara Blendy, Bluey Family, Yevhenia Borys, Terry Boyle, Taisia Bullard, Helen and Judge Robert Cheloc, Mary Connors, Veronica Cosio, Darlene Dossick, Robert Dulaine, Solomia Dutkewych, Theresa, Ruth Fedack, Bernard F, Myroslava Futey, Lilian Garland, Thomas Gutmann, H.H., Josie Hacker, Robert Harnest, Catherine Hetmansky, Vanessa Hetmansky, Bernadell Rita Higgins, Fr. Robert Hitchens, Boris Hlynsky, Daniel Horeczko, Nila Iwaskiw, Dorothy Kozmoski, Suzanne Krumpelman, Mr. Marko, Melissa Martin, Paul Marynowych, Dr. Louise Corle May, Irene Nagurney, Myron Nagurney Jr, Michele Pretka Litvak, Yaroslava L., Mufada and Family, Sallie Miller, John Moeller, Deborah Pickering, Alexandra Pohorecka, Patricia Pylypec, Ron#119, Michael Joseph Radigan, Ivanna Richardson, Roman Rusynko, Lisa Schaible, Christopher Sell, Teresa Sherwood, Shliakhta Bogdana, Shliakhta Mark, Shliakhta, Andrew, Larry Sosnowich, Lindsey Sydnor, Thomas Sydnor, Lorraine Stadnyk, Lisa Pretka Turner, Gloria and Luis Vega, Fr. George Worschak, and Paul Yarrish. If you know of someone who should be on this list, please email or call with the name of the individual. Our intercessory prayer for the sick and the aged is truly helpful and comforting. In your Christian Charity, kindly remember our sick parishioners in your prayers and perhaps a card or note.

**Summer Liturgy Schedule Extended to Sunday September 27
One Bilingual Divine Liturgy at 10:00 a.m.**

**Розклад Літургій на літній період одна Божественна Літургія
двома мовами о 10:00 ранку до 27 Вересня**