Beyond Medical Knowledge

Even without anyone to instruct us we are quite able, on the basis of what we see, live and feel, to understand how our body is formed. Its own nature teaches us. It may be useful, nonetheless, to consult experts to have a clearer idea. The science of anatomy has allowed us to know the positions of the individual parts of the human body. Other sciences help us to grasp their uses.

In a detailed study we must examine the organs as having three kinds of function: life, enjoyment and conservation.

The organs without which it is impossible to have life are three: the brain, the heart, the liver.

Then there are the gifts that nature gives to the human being to make life pleasant: the senses. The lack, which is not infrequent, of one or other of them does not result in death, but without being able to use them life is less enjoyable.

Finally, we should recall those organs which have no purpose in themselves but are useful to conserve life, for example, the stomach and the lungs.

The true and perfect life, however, is that of the soul. In the soul is found the beauty of the likeness of God, who created humanity with the words: "Let us make human beings in our own image, after our own likeness."

St. Gregory of Nyssa

Eastern Christian Bulletin Service, PO Box 146, Fairfax, VA 22038-0146 www.ecbulletin.com Ph: 703-691-8862 Smartphone APP: **ECPubs**

Twenty-Third Sunday After Pentecost



Icon of Cosmas and Damien-- November 1st

UKRAINIAN CATHOLIC NATIONAL SHRINE OF THE HOLY FAMILY
4250 Harewood Road NE Washington, DC 20017
Phone: 202-526-3737 **E-mail: ucnsholyfamily@gmail.com**
Webpage: www.ucns-holyfamily.org
IN CASE OF AN EMERGENCY PLEASE CALL: 202-262-5040
Pastoral Care entrusted to:
Father Robert Hitchens – Administrator Father Mykola Dziurakh – Parochial Vicar

Sunday – November 1, 2026
Glory to Jesus Christ! – Glory to Him Forever! + Слава Ісусу Христу! – Слава на віки!
Confessions are available before the Divine Liturgy
All Services will be Live Streamed at 9:00 AM and 11:30 AM
Platform: https://www.facebook.com/holyfamilyshrine/

Saturday October 31 **5:30 p.m.**	**Great Vespers**
Sunday November 1 **9:00 a.m.** **11:30 a.m.**	 (For the Parish) (+Dmytro and +Anna Woch from the Myhal Family)
Saturday November 7	**No Great Vespers**
Sunday November 8 **9:00 a.m.** **11:30 a.m.**	**St. Michael and All the Angels** (+Jaroslav Melnyk from Mary Melnyk) (For the Parish)

FIRST CONFESSION 2027 PREPARATION – ARE IN SESSION

This year, preparation for First Confession are now ine session. Classes will still be held on Sundays. As is the tradition in our parish, First Confession will be celebrated on Lazarus Saturday (March 20, 2027). All children must attend Divine Liturgy with their families on a weekly basis during their preparation. The FALL SEMESTER class schedule is as follows: November 1, 8, 15, 22; December 6, 13. If you have children of First Confession age in your family (age 7+), who have not yet received the sacrament, please contact Olya Mulvey at olya.kroytor@gmail.com to register or learn more.

LOWER CHURCH BATHROOMS RENOVATION PROJECT 2026

WORK IS UNDERWAY. PLEASE KEEP THE DONATIONS COMING.

NOVEMBER HOLODOMOR REMEMBRANCE – 1932-1933 – 93 YEARS AGO

We remember the millions of innocent people who perished during the state-sponsored genocide inflicted by Soviet forces upon our Ukrainian people from 1932-1933. We must remember and work to see that no one around the world, in Ukraine, or even our own nation, suffers from hunger or malnutrition. Please pray for the people of Ukraine who continue to know tremendous sufferings still by russia.

SUPPORT THE C.Y.M. BALTIMORE/DC OSEREDOK FUNDRAISER ON SUNDAY NOV 1

In honor of the November 1, 1918, "November Uprising" – that began in Lviv, the goal of which was to establish Ukrainian power in Western Ukrainian lands – the Western Ukrainian People's Republic was proclaimed. C.Y.M. will be offering a variety of foods for purchase after both Liturgies. Support our youth!

CHILDREN PRAYING FOR CHILDREN EVENSONG AT WASHINGTON NATIONAL CATHEDRAL TODAY AT 4:00 P.M.

Join us Today at 4:00 p.m. today at Washington National Cathedral for Evensong (Vespers) as the members of the community gather for a special prayer service to call attention to the plight of the thousands of children abducted from Ukraine by russian for forces and resettled in russia. Washington National Cathedral, 3101 Wisconsin Avenue NW, Washington, DC 20016.

HOLY FAMILY CHOIR - SUNDAY PRACTICES

Mark your calendars, in preparation for singing the Christmas Liturgy. Practices will be conducted promptly at 10:30AM between the two Divine Liturgies. New members ALWAYS welcome. We will be learning pieces in both Ukrainian and English, with English transliteration provided for Ukrainian text. We hope to see huge turn-outs of dedicated choristers from now until Christmas! Contact Larysa Kurylas at lakurylas@gmail.com for additional information.

UNBREAKABLE HARMONY – NEXT SUNDAY NOVEMBER 8 IN HOLY FAMILY AT 2PM

Join us for "Unbreakable Harmony", a special concert bringing together the Kyiv Lysenko State Music Lyceum Chamber Girls' Choir and the Westchester Children's Chorus. Through the universal language of music, young singers from Ukraine and the United States will celebrate friendship, cultural exchange, and hope, showing how music can transcend borders and bring people together.

PRAYER LIST

Our prayer list of the sick or elderly and friends of our parish: **Theresa Aranda, Liana Arnold, Valarie Balthis, Melanie Bebak, Barbara Blendy, Bluey Family, Yevhenia Borys, Terry Boyle, Taisia Bullard, Helen and Judge Robert Cheloc, Mary Connors, Veronica Cosio, Darlene Dossick, Robert Dulaine, Solomia Dutkewych, Theresa, Ruth Fedack, Bernard F, Myroslava Futey, Lilian Garland, Thomas Gutmann, H.H., Josie Hacker, Robert Harnest, Catherine Hetmansky, Vanessa Hetmansky, Michele Henshaw, Bernadell Rita Higgins, Fr. Robert Hitchens, Boris Hlynsky, Daniel Horeczko, Nila Iwaskiw, Dorothy Kozmoski, Suzanne Krumpelman, Mr. Marko, Melissa Martin, Paul Marynowych, Dr. Louise Corle May, Irene Nagurney, Myron Nagurney Jr, Michele Pretka Litvak, Yaroslava L., Mufada and Family, Sallie Miller, John Moeller, Deborah Pickering, Alexandra Pohorecka, Patricia Pylypec, Ron#119, Michael Joseph Radigan, Ivanna Richardson, Roman Rusynko, Lisa Schaible, Christopher Sell, Teresa Sherwood, Shliakhta Bogdana, Shliakhta Mark, Shliakhta, Andrew, Larry Sosnowich, Lindsey Sydnor, Thomas Sydnor, Lorraine Stadnyk, Lisa Pretka Turner, Gloria and Luis Vega, Fr. George Worschak, and Paul Yarrish.** If you know of someone who should be on this list, please email or call with the name of the individual. Our intercessory prayer for the sick and the aged is truly helpful and comforting. In your Christian Charity, kindly remember our sick parishioners in your prayers and perhaps a card or note.