

Welcome Back – We missed you! Some Reopening Guidelines for HOLY FAMILY

The dispensation from attending Sunday Divine Liturgy and Holy Days of Obligation throughout the Archeparchy is still in effect until further notice.

Please note that any individual experiencing symptoms of COVID-19, or recently exposed to someone diagnosed with COVID-19, should not work in or visit a place of worship due to the risk of exposing others. Symptoms of COVID-19 may include: fever (subjective or 100.4 degrees Fahrenheit), chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea, or otherwise feeling unwell.

Also, High-Risk Individuals should consider viewing virtual online services still:

- Chronic Lung Disease, • Moderate to severe Asthma, • Serious heart conditions,
- Immunocompromised conditions, • Severe obesity (>40 Body Mass Index),
- Diabetes, • Chronic Kidney Disease, • Liver Disease • People 65 years and older

The **District of Columbia** has mandated the wearing of masks or face coverings. If you are unable to wear a face covering, consider our virtual services. Everyone should bring their own mask. We will have some on hand just in case you forget yours.

We encourage clergy, staff, volunteers and attendees to remain at least 6 feet apart from anyone not from their household.

We do need to remind everyone that when one receives Holy Communion, **one MUST open the mouth WIDE, KEEP YOUR TONGUE INSIDE, and TILT Your head back.** Please use your own discretion should you not want to receive Holy Communion at this time. Be prepared that Holy Communion will take extra time as we will need to sanitize the spoon after each person. So, please pray while you wait.

We will do our best to be sure that we offer a Sacred and Holy, Divine Liturgy, as best as we are able, until we are 100% operational.

So, one final plea, we need everyone to refrain from socializing after Liturgy and for everyone to safely leave for home. There will be no coffee and donuts, etc. after the Divine Liturgy until at least September.

Entering the Church:

At all times, please adhere to the signs that have been posted.

The doors will be in the open position so you do not need to touch the doors. Please leave the doors alone – do not close or adjust them.

Please sanitize your hands upon entering the Church.

While in Church

Proceed immediately to an open pew (begin filling the pews closest to the sanctuary first and then others as the pews become full) – there CANNOT be any standing in the rear of the church, against the walls, or congregating in the vestibule.

The CHILDREN’S ROOM AND CHOIR LOFT are CLOSED until further notice.

DO NOT move/remove any ropes closing off pews.

There should be no walking around the church until Communion time and dismissal at the end of church, except to use the restrooms.

Prayer Books have been removed.

Votive Candles have been removed.

Church Bulletins and Propers will continue to be sent by email.

Donation Baskets: Weekly offerings may be dropped in the free-standing plastic baskets marked for your donations. Our online donation program is still operational 24/7. You can also mail your offerings to us at: UCNS Holy Family, 4250 Harewood Road NE, Washington, DC 20017.

End of Service:

No Social Gathering: At the completion of the service, parishioners are asked not to gather outside on the church courtyard grounds. Please go directly to your vehicles and return home so we can prepare the Church.

No Coffee/ Social Hour. The lower church halls are closed until further notice. The restrooms will be opened.